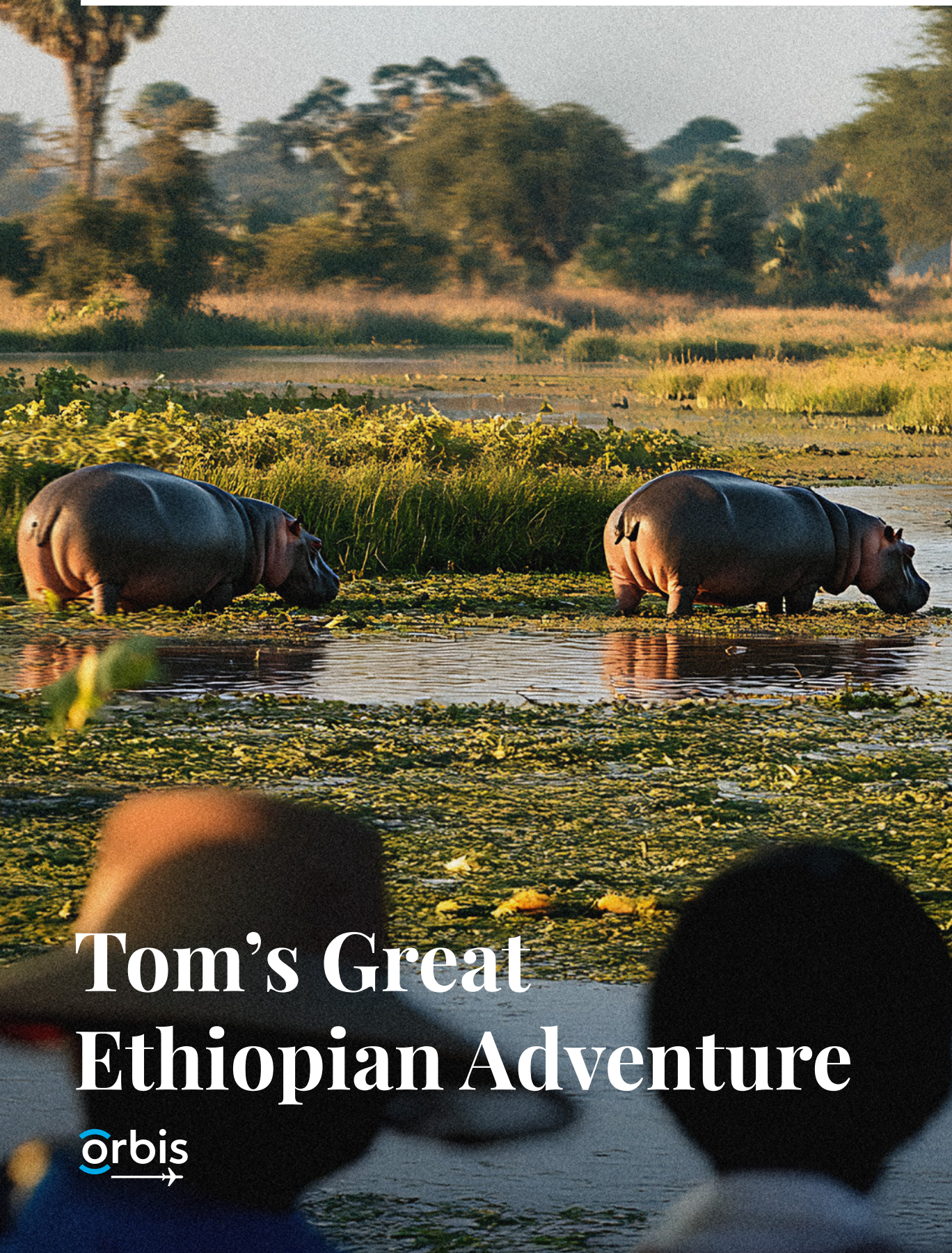


Itinerary

18th to 25th November



Tom's Great Ethiopian Adventure





Schedule

Tuesday 18th November: Flights and arrival in Addis Ababa

- Welcome, orientation

Wednesday 19th November: Lake Hawassa

- Short flight to Hawassa, leisurely afternoon exploring Lake Hawassa and its magnificent wildlife

Thursday 20th November: Hawassa

- Visit to primary eye care units, referral hospital & local school (and football match with locals if you fancy it!), followed by BBQ

Friday 21st November: Return to Addis Ababa

- Explore the vibrant fish market and the tertiary care unit, before heading back to Addis Ababa for a traditional Ethiopian dinner with music and dance

Saturday 22nd November: Entoto Hills & Great Ethiopian Run Events

- Optional high-altitude run or walk, explore local markets, craft workshops and National Museum, followed by the Great Ethiopian Run pre-party

Sunday 23rd November: The Great Ethiopian Run

- Set a personal best time, or just enjoy the carnival-like atmosphere

Monday 24th November: Recovery and Final Day

- A leisurely morning followed by visit to Makush Art Gallery and farewell meal

Tuesday 25th November: Return to the UK

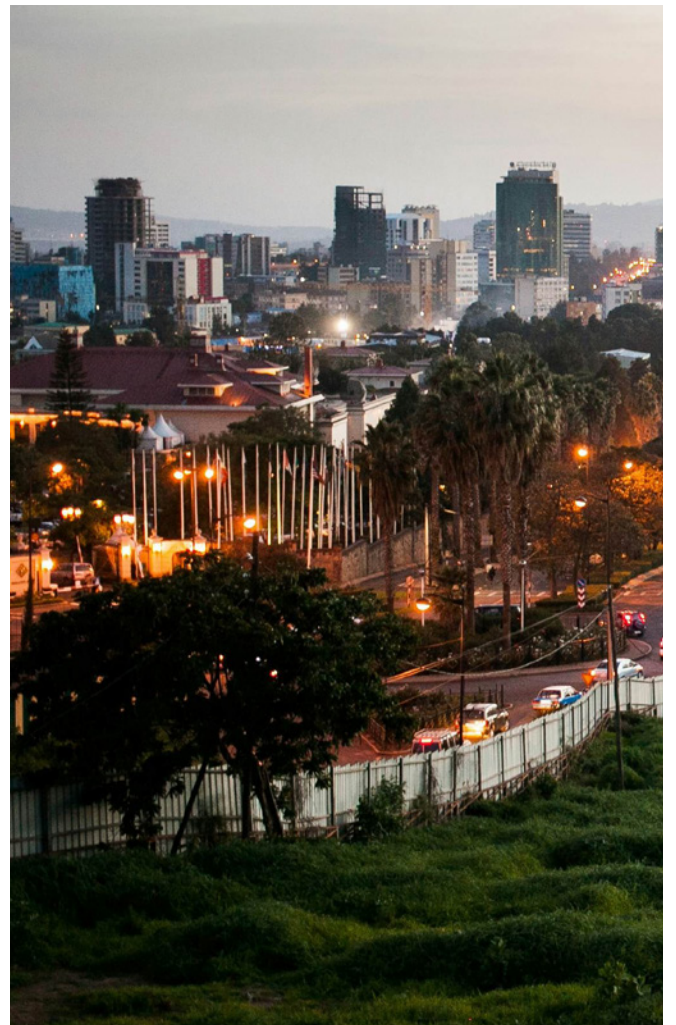
- After an overnight flight, arrive back in the UK early in the morning





Tuesday 18th November: Flights and arrival in Addis Ababa

Welcome to Ethiopia! Choose between a day or overnight flight to Addis Ababa and meet your fellow travellers.





Wednesday 19th November: Lake Hawassa

We'll take a short 50-minute flight to the beautiful lakeside city of Hawassa. Hawassa is brimming with natural beauty and warmth, and after a short downtime, we will explore its stunning lake, where hippos bask along its shores with various other wildlife. We'll be following in the footsteps of HRH, The Duchess of Edinburgh, who visited this same route with Orbis a few years ago.





Thursday 20th November: Hawassa

We'll be going behind the scenes to see Orbis's life-changing work firsthand. This will include visiting a primary care unit serving remote communities, a referral hospital for those most in need, and a local school where vision screenings transform futures. The local children love a game of football with visitors - a heartwarming way to connect across cultures. These visits are by invitation only and not available to the general public. We will spend the evening socialising over evening drinks and a BBQ.



Friday 21st November: Return to Addis Ababa

We'll visit Hawassa's bustling lakeside fish market - a true sensory experience. We will then visit a tertiary eye care unit, before returning to Addis Ababa for the final leg of our adventure. Relax and prepare for an evening of entertainment, including a traditional Ethiopian dinner, complete with lively local music and dancing.





Saturday 22nd November: Entoto Hills & Great Ethiopian Run Events

For any early risers on Saturday morning, a jeep will drive us high into the Entoto Hills, where we'll have the opportunity to join (or cheer on) the elite Ethiopian runners as they train at high altitude. Whether you run or walk, the views from the hills in the morning light are spectacular. Saturday offers a more relaxed pace, allowing time to take in more culture, explore local markets and craft workshops, enjoy a traditional Ethiopian coffee ceremony, and visit the National Museum. We'll join the official Great Ethiopian Run pre-party in the evening, a lively gathering of international runners and local athletes who infamously load up on carbs the night before the big event.



Sunday 23rd November: The Great Ethiopian Run

The perfect finale, whether you're aiming for a personal best or soaking in the carnival-like atmosphere from the sidelines, the Great Ethiopian Run is an iconic event full of energy, colour, and celebration.






Monday 24th November: Recovery and Final Day

This will be a morning of recovery for the runners and a chance for everyone else to unwind. Make the most of a leisurely morning, exploring the city and soaking up some more of the Addis Ababa atmosphere. In the afternoon, we'll visit the charming Makush Art Gallery, where we'll enjoy a farewell meal before boarding our overnight flights back to the UK.

This is more than a trip. It's a rare chance to be part of something truly special and powerful - to witness change, support it, and return home knowing you've made a real difference.

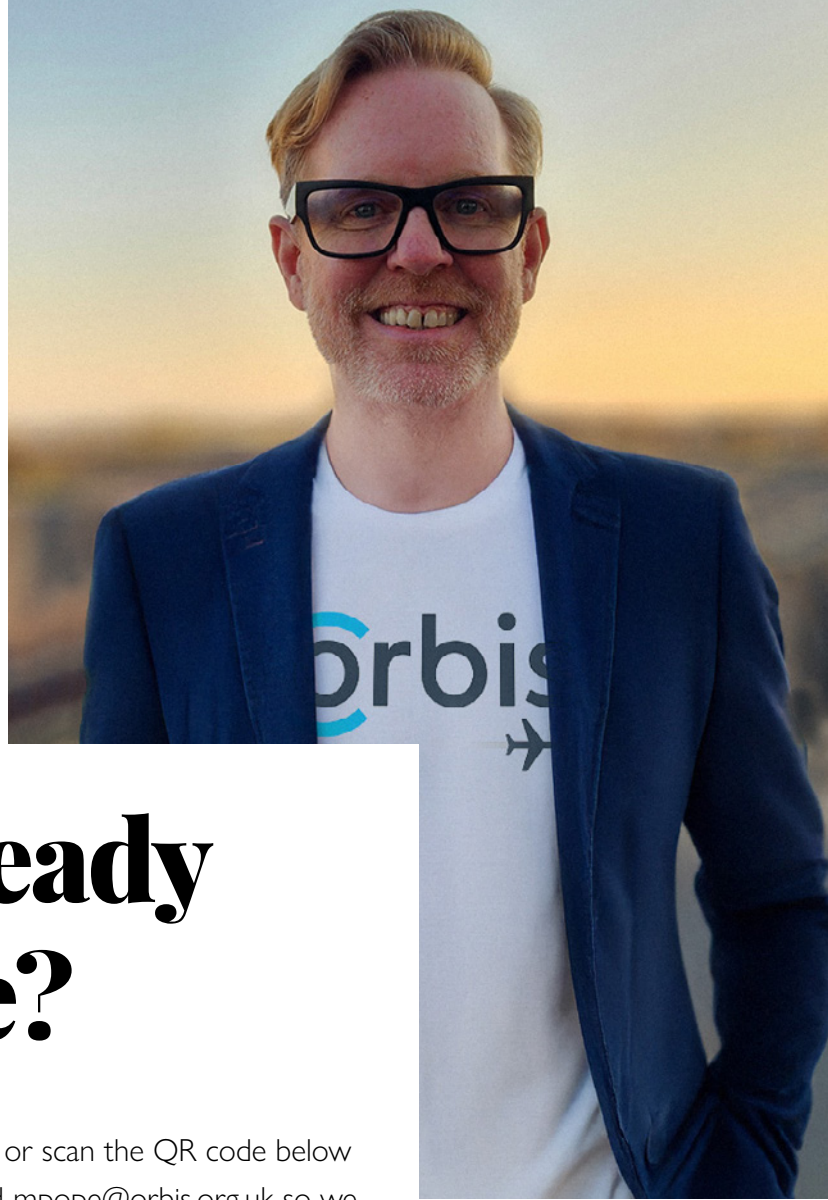




Tuesday 25th November: Return to the UK

We will arrive back in the UK in the early morning and say our farewells.





Are you ready to join me?

If you are ready to book, you can click or scan the QR code below or email events@tdtomdavies.com and mpope@orbis.org.uk so we can put you in touch with Orbis for the flight details and deposit payment. The cost of the trip is £2500 per person.

We are also encouraging fundraising of £2000 (or more) to raise money for Orbis' fantastic work, some of which we will see firsthand in Ethiopia. Participants of the run can ask donors for Gift Aid if they are UK taxpayers.

If you are opening your own fundraising page, we recommend GivenGain as their fees are minimal compared to Just Giving. Alternatively, Orbis can arrange to open one on your behalf.

